BlockBusters
Peaks & Valleys
Made using Studio 180 Design's Diamond Rects® & Sidekick/High-Low Technique Sheet
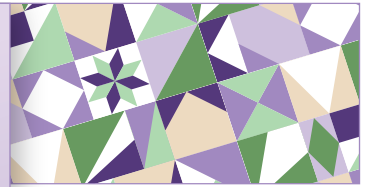
All the instruction you need to make the units required for this block can be found in the instructions that came with your Diamond Rects® tool and on the Sidekick, High Low technique sheet. There are charts, step by step graphics, and directions. Use the table on the next page to find the information you need for the finished size of the units you want to make. Then work your way through the instructions.

When making your units you will need to pay attention to the orientation of your base squares. For your Sidekick units, the base squares are face down for cutting. However, for your High Low units, the base squares are face up for cutting.

My suggestion for constructing the block is to put the center four Diamond Rects units together around the small square using a partial seam. Then add the remaining units like borders - stitch together the four sets of sidekick and high low units in the correct orientation, then on two of these pairs add the plain squares to the ends. Attach the two unit sections first followed by the four unit sections.

Unit Summary

Unit A   Unit B   Unit C   Unit D   Unit E
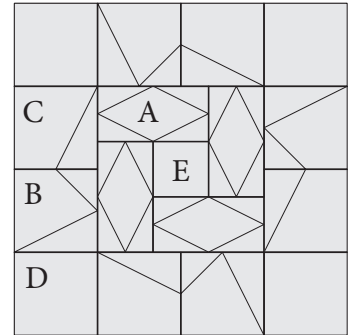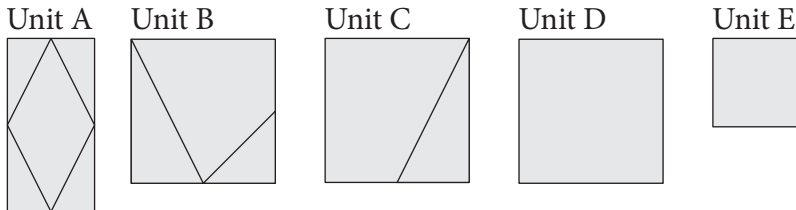
Cutting Chart

Unit	# of units required	6" Block	12" Block	18" Block
A: Diamond Rects	4	1"x 2" finished size 1½"x 2½" cut size	2"x 4" finished size 2½"x 4½" cut size	3" x 6" finished unit 3½"x 6½" cut size
B: High Low Left	4	1½" finished size 2" cut size	3" finished size 3½" cut size	4½" finished size 5" cut size
A: Sidekick Right	4	1½" finished size 2" cut size	3" finished size 3½" cut size	4½" finished size 5" cut size
D: Squares	4	2" cut size	3½" cut size	5" cut size
E: Square	1	1½" square cut size	2½" square cut size	3" square cut size